Renal follow up of premature infants with and without perinatal indomethacin exposure

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Abstract

**Aims**—To evaluate early childhood renal growth, structure, and function in children born at less than 33 weeks gestation and to investigate possible independent effects of perinatal indomethacin exposure.

**Methods**—A total of 66 children born at less than 33 weeks gestation, 31 of them with perinatal indomethacin exposure (study group) and 35 without (control group), were examined at 2–4 years of age. Serum cystatin C and protein; plasma creatinine, sodium, and potassium; urine protein, calcium:creatinine ratios, and α₂ microglobulin; and glomerular filtration rate (GFR) were determined. Renal sonography examinations were performed.

**Results**—The mean serum cystatin C concentrations were slightly higher in the control group than in the study group. Mean values of serum protein, and plasma creatinine and sodium did not differ between the groups, neither did median plasma potassium concentrations and urine protein:creatinine and calcium:creatinine ratios. None had tubular proteinuria. Abnormal GFR (<89 ml/min/1.73 m²) was found in one case in each group and renal structural abnormalities in five in each group. In logistic regression analysis the duration of umbilical artery catheter (UAC) use and furosemide treatment emerged as the significant independent risk factors for renal structural abnormalities. Furosemide treatment and assisted ventilation remained the risk factors associated with renal abnormalities in general—that is, functional and/or structural abnormal findings.

**Conclusion**—Perinatal indomethacin does not seem to affect long term renal growth, structure, or function in children born at less than 33 weeks gestation. Duration of UAC use, furosemide treatment, and assisted ventilation may be correlated with later renal structural and functional abnormalities.

Keywords: preterm infants; indomethacin; renal; follow up

A number of drugs, problems, and treatments, especially during neonatal intensive care, might have short term effects on renal structure and function in preterm infants. Indomethacin, a prostaglandin synthetase inhibitor, is used antenatally as a tocolytic agent and in the treatment of polyhydramnion, and postnatally for pharmacological closure of patent ductus arteriosus (PDA). In preterm infants, short term prenatal exposure to indomethacin has been shown to impair kidney function and reduce glomerular filtration rate (GFR) values three days after birth, 1, 2 whereas exposure to indomethacin after birth has been reported to alter the postnatal increase in GFR 3 and cause a transient decrease in urine output, increased creatinine values, and urea retention. 4, 5 In general, subsequent renal structure and function have previously been assessed in small groups of preterm infants; the possible long term effects of perinatal indomethacin exposure on renal status in these infants have not been studied.

The objectives in the present investigation were: (1) to evaluate renal function, growth, and structure in early childhood in children born at less than 33 weeks gestation, with and without perinatal exposure to indomethacin; and (2) to investigate the possible independent role of indomethacin in abnormal renal findings in these children.

Patients and methods

**PATIENTS**

The study was approved by the Ethical Committee of Tampere University Hospital and carried out with signed parental consent. The study original population comprised 301 children born in the hospital at less than 33 weeks gestation between 1993 and 1996. Of these, 45 had died and 85 were excluded because: (1) data on maternal indomethacin use were missing (15 children); (2) the mother had received doses of indomethacin less than 150 mg/day during the last trimester in cases where indomethacin had not been administered postnataally (69 children); or (3) ibuprofen had been used postnataally for closure of PDA (one case). Eleven patients could not be contacted because of a missing address. The remaining 160 children, 74 with and 86 without exposure to indomethacin, were invited to attend for examinations which took place between September 1997 and June 1999. The parents of 96 children refused participation. The main reason for refusal included living a long distance from the hospital (40 children), the child’s fearfulness, and complexity of the study protocol. A more simple assessment was then suggested, and in six cases the parents allowed their children to go through the examinations without multiple blood sampling. Altogether the parents of 66 (41%) consented to allow their children to participate in...
the study. The study group consisted of 31 patients, of whom six had been exposed to indomethacin only antenatally, 12 only postnatally, and 13 both ante- and postnatally. Antenatal exposure was defined as maternal indomethacin treatment during the last trimester of pregnancy for tocolysis or to reduce polyhydramnion at a dosage of at least 150 mg/day. The remaining 35 patients were controls not exposed to indomethacin during the perinatal period.

PERINATAL HISTORY
In the neonatal unit, indomethacin was used for pharmacological closure of a haemodynamically significant PDA if no contraindications, including oliguria (<0.5 ml/kg/h) or raised creatinine values (>150 µmol/l), were present. Routine management of umbilical artery catheters (UAC) included positioning of the tip above the diaphragmatic level as well as continuous infusion of a heparinised solution. The catheters were used as an infusion route for all parenteral nutrition solutions, including calcium, intravenous medications, and blood products except packed red cells.

Enteral feeding with pooled breast milk was started if possible on the first day of life, and enteral vitamin D supplementation at 10 µg/day at the age of one week. Infants with birth weights less than 1500 g received breast milk, fortified with protein and phosphate (PreSemp, 5 g/100 ml, the dietary calcium: phosphate ratio being 1.5:1) as soon as they were on full enteral feeds and until they attained a weight of 2000 g. Enteral calcium supplementation was used only in hypocalcaemic children. Parenteral nutrition commenced on the second day of life if enteral feeding was contraindicated or not tolerated, and it was continued as partial nutritional support until the infant was on full enteral feeds.

No routine renal sonography examinations were made during the primary hospitalisation. One female patient had a hypertensive crisis and acute renal failure, which was considered a complication of a UAC, during the neonatal period. Peritoneal dialysis was maintained for five days, after which renal function recovered slowly; antihypertensive medication was required until nephrectomy of a non-functioning kidney was performed at the age of 1.8 years. Three patients had creatinine concentrations >150 µmol/l as a consequence of postnatal indomethacin treatment. One patient in the control group suffered recurrent episodes of macroscopic haematuria associated with courses of netilmicin and raised urine β₂-microglobulin concentrations during the neonatal period. In the remaining children, no evidence of renal functional abnormalities or hypertension was seen during primary hospitalisation.

METHODS
All children were interviewed and examined at 2 to 4 years of age by the same physician. General health history, number of previous urinary tract infections, and regular medications were recorded and weights and lengths measured.

Blood pressure (BP) was measured by an oscillometric method (DINAMAP Adult/Paediatric and Neonatal Vital Signs Monitor Model 1846 SX, Criticon, Inc., USA), which has been chosen for current use in the hospital, on the right arm in the sitting position, using a child cuff or a small adult cuff, ensuring that it covered two thirds of the upper arm.

Blood samples (for serum cystatin C and protein, and plasma creatinine, sodium, and potassium) were drawn, together with random spot urine samples for analysis of protein, calcium, creatinine, and α₁-microglobulin content. Serum cystatin C concentrations were determined by a particle enhanced turbidimetric immunoassay (Dako, Glostrup, Denmark) using a Hitachi 704 analyser. Plasma creatinine measurements were based on the Jaffe reaction using the same instrument. Urinary α₁-microglobulin was measured nephelometrically (Behring BN II nephelometer, Dade Behring, Marburg, Germany) with a sensitivity of about 5 mg/l. GFR was determined by plasma clearance of ⁵¹Cr-EDTA assessed by the single injection method. A normal GFR value of 89–165 ml/min/1.73 m² was assumed.

All patients underwent renal sonography examinations, performed by an experienced paediatric radiologist who was unaware of the perinatal history. All patients underwent renal colour Doppler sonography with an Acuson Sequoia (Mountain View, California, USA) scanner. Both kidneys were scanned in prone, oblique, and supine positions, using 4V2 vector, 8C4 curvilinear, and 8L5 linear transducers. The size, structure, and echogenicity of the kidneys were first evaluated. Measurements of the kidney length were compared with a graph for length. Renal resistance indexes (RI) were calculated from pulse Doppler waveforms obtained from intrarenal arteries and compared with age dependency values. No sedation was employed during the examination. Definition of RI failed in only three children in the control group in consequence of the patient’s restless condition.

STATISTICAL ANALYSIS
The data were analysed using the Statistical Package for Social Sciences (SPSS) for Windows and Graphpad Instat. Continuous data were analysed using an independent samples t test or the Mann–Whitney U test; categorised data were analysed using using Fisher’s exact test or the χ² test as appropriate. To identify potential factors (birth weight, gestational age, sex, Apgar score <7 at 5 minutes of age, small for gestational age, duration of mechanical ventilation, oxygen supplementation and UAC use, exposure to indomethacin, inotropics, furosemide, netilmicin, and cephalosporins, and calcium supplementation) which might have contributed to abnormal renal sonographic, GFR, and BP findings, logistic regression analysis with a backward stepwise method was used. A p value less than 0.05 was considered significant.
Results

NEONATAL CHARACTERISTICS

The children with perinatal indomethacin exposure were more premature, and had a longer duration of UAC use, assisted ventilation, oxygen supplementation, and primary hospitalisation compared to the controls. Duration of treatment with inotropics was similar (table 1). Eleven children in the study group and six in the control group had received dexamethasone (p = 0.101). The median duration of this treatment (0 (range 0–21) versus 0 (0–19) days, p = 0.070) was similar in the two groups. Twenty one patients in each group had received fortified breast milk. There were no differences in median age at the start (17 (5–54) versus 14 (7–45) days, p = 0.226) or in the duration of fortification (27 (0–98) versus 26 (0–99) days, p = 0.481). Seven children in the study group and three in the control group had intraventricular haemorrhage (p = 0.171), and three in each group had cystic periventricular leukomalacia (p = 1.000). The number of cases of necrotising enterocolitis in the respective groups were seven versus four (p = 0.324) and of cases with bronchopulmonary dysplasia were six versus five (p = 0.743).

Cumulative antenatal exposure to indomethacin in the study group ranged between 100 and 1645 mg; the cumulative postnatal dosage received was between 0.37 and 1.20 mg/kg, the duration of postnatal indomethacin treatment ranging from one to eight days. PDA was surgically ligated in five children in the study group and six in the control group had received amphotericin B. The study group had received netilmicin and furosemide for longer than the controls; all patients in the study group and only 16 (46%) in the control group had received furosemide (p < 0.001). There was no significant difference between the groups in duration of treatment with the combination of spironolactone and hydrochlorothiazide (table 2).

Analysis of the perinatal characteristics of the 94 eligible children (43 with and 51 without perinatal exposure to indomethacin), who did not attend for the examinations because of parental refusal, revealed that gestational age, birth weight, gender, incidence of singleton births, five minute Apgar score <7, respiratory distress syndrome, duration of UAC use and mechanical ventilation, exposure to perinatal indomethacin, postnatal antibiotic treatment, and duration of primary hospitalisation were similar to the corresponding characteristics among the cases examined (data not shown).

CHARACTERISTICS OF CHILDREN AT EXAMINATION

The children in the study group were slightly older than those in the control group at the time of examination (mean (SD) 3.7 (0.6) versus 3.3 (0.8) years, p = 0.031). One child in the study group and two in the control group had had one lower urinary tract infection, and one in the study group an episode of pyelonephritis. In addition to the child with previous unilateral nephrectomy, one child in the study group had a previously diagnosed bilateral vesicouretral reflux, grade 2. Seven children were asthmatic and received regular inhaled glucocorticoid treatment, and three were on vigabatrin and/or sodium valproate medication for epilepsy. Four children in the study group and two in the control group had cerebral palsy, and one in the control group had psychomotor retardation of unknown cause.

Mean heights (−0.3 (1.3) versus −0.2 (1.0) SD, p = 0.910) and weights for heights (−2 (11) versus −5 (9)%, p = 0.296) in the study and control groups were similar as plotted on Finnish standardised growth charts. Also mean systolic (107 (12) versus 105 (14) mm Hg, p = 0.400) and diastolic (65 (11) versus 62 (9) mm Hg, p = 0.223) BP were no different. Three children in the study group and two in the control groups had both systolic and diastolic BP higher than the 95th percentile; one child in the study group had diastolic BP higher than the 95th percentile. Of these, two in the study group and one in the control group had systolic and diastolic BP values above the 99th percentile for age.

RENA L FUNCTION TESTS

There were no significant differences between the groups for plasma creatinine, sodium, and potassium, and serum protein concentrations (table 3). Mean serum cystatin C concentrations were slightly higher in the control group,
Table 3 Renal function tests

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Study group (n = 31)</th>
<th>Control group (n = 35)</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plasma creatinine (µmol/l)*</td>
<td>38.8 (5.3)</td>
<td>36.6 (6.0)</td>
<td>0.137</td>
</tr>
<tr>
<td>Plasma sodium (mmol/l)*</td>
<td>141.9 (1.9)</td>
<td>141.3 (1.9)</td>
<td>0.256</td>
</tr>
<tr>
<td>Plasma potassium (mmol/l)†</td>
<td>4.0 (3.5–4.7)</td>
<td>4.1 (3.7–4.6)</td>
<td>0.095</td>
</tr>
<tr>
<td>Serum protein (g/l)*</td>
<td>70.4 (4.2)</td>
<td>68.7 (4.3)</td>
<td>0.111</td>
</tr>
<tr>
<td>Serum cystatin C (mg/l)*</td>
<td>0.92 (0.17)</td>
<td>1.02 (0.17)</td>
<td>0.026</td>
</tr>
<tr>
<td>Urinary calcium:creatinine ratio (mg/mmol)†</td>
<td>0.36 (0.08–1.21)</td>
<td>0.32 (0.09–0.82)</td>
<td>0.299</td>
</tr>
<tr>
<td>GFR (ml/min/1.73 m²)†</td>
<td>121 (86–164)</td>
<td>115 (86–148)</td>
<td>0.177</td>
</tr>
</tbody>
</table>

*Mean (SD); †median (range).

Table 4 Logistic regression analysis for risk factors underlying abnormal renal sonographic findings

<table>
<thead>
<tr>
<th>Variable</th>
<th>OR</th>
<th>95% CI</th>
</tr>
</thead>
<tbody>
<tr>
<td>Variables in the final equation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Furosemide treatment (days)</td>
<td>1.179</td>
<td>1.031 to 1.347</td>
</tr>
<tr>
<td>Umbilical artery catheter use (days)</td>
<td>1.299</td>
<td>1.003 to 1.581</td>
</tr>
<tr>
<td>Indomethacin treatment</td>
<td>0.076</td>
<td>0.004 to 1.499</td>
</tr>
<tr>
<td>Apgar score ≤ 5 at 5 minutes of age</td>
<td>7.849</td>
<td>0.533 to 115.6</td>
</tr>
<tr>
<td>Duration of mechanical ventilation (days)</td>
<td>1.120</td>
<td>0.961 to 1.269</td>
</tr>
<tr>
<td>Treatment with inotropics (days)</td>
<td>0.972</td>
<td>0.938 to 1.007</td>
</tr>
<tr>
<td>Treatment with cephalosporins (days)</td>
<td>0.773</td>
<td>0.572 to 1.044</td>
</tr>
<tr>
<td>Variables not in the final equation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Birth weight</td>
<td></td>
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<tr>
<td>Gestational age</td>
<td></td>
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<tr>
<td>Small for gestational age</td>
<td></td>
<td></td>
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<tr>
<td>Gender</td>
<td></td>
<td></td>
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<tr>
<td>Duration of oxygen supplementation</td>
<td></td>
<td></td>
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<tr>
<td>Treatment with netilmycin</td>
<td></td>
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<tr>
<td>Calcium supplementation</td>
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<tr>
<td>OR, odds ratio; CI, confidence interval.</td>
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</tbody>
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Discussion

Analysis of the data presented suggests that perinatal indomethacin treatment had no long-term influence on renal structure and function in the present population as evaluated in early childhood. In general, abnormalities in renal function tests were uncommon, but renal structural findings in sonography were frequent, being equally divided between the groups with or without exposure to indomethacin. The children with previous perinatal exposure to indomethacin were younger at the time of examination than the controls and they had also been significantly more premature and smaller and sicker during their neonatal period. Many potential confounding factors affecting comparison between the groups were therefore present. Indications for antenatal and postnatal indomethacin use might be related to the fact that probability of perinatal indomethacin exposure seems to increase with decreasing gestational age, as shown in our previous work. It was not possible therefore to find well matched controls, according to their neonatal characteristics. An adverse effect of indomethacin balanced by the group differences seems, however, unlikely because of the more severe perinatal history of the study group. Instead, duration of UAC use and furosemide treatment were found to be significant independent risk factors correlated with renal structural abnormalities.

Aortic thrombosis has been reported to be associated with UAC use in approximately one quarter of cases, and to be a cause of abnormalities in renal haemodynamics even in the absence of clinical symptoms. Of ten 3–3.5 year old study subjects, who had had UAC associated aortic thrombi, three had renovascular hypertension, and seven had renal size below normal, including two with size discrepancy between the kidneys; seven age
matched control subjects showed normal sonography. In our patients, renal sonography examinations had not been undertaken systematically during the neonatal period and, with one exception, none of the cases studied showed any evidence of a previous symptomatic aortic thrombosis. Low birth weight, catheter placement above the level of the renal arteries, and use of the catheter as a calcium administration route have been described as risk factors associated with aortic thrombus formation; therefore, some of the management practices for UAC used in our patients might have tended to increase such a risk. Thus, the possibility of such a complication during the neonatal period cannot be ruled out in our patients with abnormal renal structural findings.

In very low birth weight infants the incidence of nephrocalcinosis varies from 3% to 64%; following furosemide therapy, but also without furosemide treatment. Other factors associated with renal calcification include immaturity, oxygen therapy, administration of glucocorticoids and theophylline, exogenous calcium supplementation, chronic dehydration, prolonged duration of parenteral nutrition, low phosphorus intake, high intake of vitamin D, immobilisation, and other factors causing hypercalciuria. The renal changes are in most cases transient, but in some children renal calcifications may last several years. The patients studied here had been exposed to many of the mentioned risk factors, and it is possible that in some cases renal calcifications may have been present but already resolved before the examinations. The present results also suggest that increased duration of furosemide treatment during the neonatal period is a major risk factor for long persisting renal structural abnormalities in preterm infants.

Abnormal creatinine values and glomerular filtration rates have been found to be frequent in small groups of preterm infants with renal calcifications studied at the age of 1–4.5 years. However, in 11 preterm children who had renal calcification as neonates and 17 controls without previous calcifications examined at the age of 4–5 years, evidence of renal dysfunction independent of the history of renal calcification has been found. Eight children had abnormal calcium load test results and in all cases studied the renal concentrating ability evaluated by means of a desmopressin test was below published normal values. Glomerular filtration rates, assessed only in patients with nephrocalcinosis, were below normal in all cases. In our significantly larger group of children born preterm, renal function was found to be good; serum cystatin C, plasma creatinine, and electrolyte values were within the normal range in all cases, both patients with abnormal GFR having values only slightly below normal. Although renal concentration ability was not evaluated here, in the light of previous studies our tests show that long term prognosis of renal function was better than expected in the present study population.

**Key messages**
- Renal structural abnormalities occur commonly in children who were born prematurely at less than 33 weeks gestation.
- There is an association between the duration of umbilical artery catheter use and furosemide treatment in the neonatal period with later renal structural abnormalities.
- Premature infants who require umbilical artery catheterisation and furosemide therapy constitute a high risk group in whom follow up of renal function is indicated.

Hypoxia, hypotension, and nephrotoxic drugs, especially aminoglycosides, may cause renal cortical or medullary damage during the neonatal period, possibly leading to prolonged renal dysfunction. Our analysis of abnormal renal findings in general, including structural abnormalities, abnormal GFR, and increased BP, showed that in addition to UAC use and furosemide treatment, duration of assisted ventilation seemed to be an independent significant risk factor. It is possible that those with a prolonged need for ventilatory support had also had prolonged exposure to hypoxia and thus ran an increased risk of renal damage. Duration of assisted ventilation is also related to duration of immobilisation and carries a risk of chronic lung disease, both factors having adverse effects on renal function in increasing the risk of nephrocalcinosis. The absence here of correlation between abnormal renal findings and the inotropic treatment received by about half of our patients for hypotension suggests that the use of inotropics might have alleviated or prevented the adverse effects of hypotension on renal function. In spite of the fact that exposure to aminoglycosides during primary hospitalisation was frequent in the present study population, the duration of this exposure would seem to have had no long term effects on renal function. Use of other nephrotoxic drugs was low in our patients and it is therefore difficult to draw conclusions as to their independent effects on the results.

Compared with previous renal follow up studies, one of the largest groups of preterm infants was examined in the present study. Although less than half of the eligible cases eventually participated, analysis of the non-participating patients showed similar neonatal characteristics to those studied. It may thus be suggested that the risk of a selection bias is small and our results may be fairly representative of the total study population. Our patients were subjected to a cross sectional evaluation in quite a narrow age range; therefore, as both many renal structural and functional abnormalities and the incidence of renovascular hypertension have a tendency to resolve even during the first months after discharge from hospital, the true incidence of these complications before the examinations in the present...
population remain unknown. On the other hand, the true number of patients with hypertension cannot be given until the diagnosis has been confirmed with repeated BP measurements or preferably with ambulatory BP measurements. It cannot, moreover, be ruled out that with increasing age some renal problems in the patients might still manifest themselves. At least in the patients with renal abnormalities, further follow up is called for, as worsening of renal impairment is possible with growth.

In conclusion, perinatal indomethacin treatment does not seem to affect long term renal growth, structure, or function, but renal structural abnormalities occurred frequently in children born at less than 33 weeks gestation, examined at the age of 2–4 years. Duration of UAC use, furosemide treatment, and assisted ventilation during the neonatal period may be correlated with later renal structural and functional abnormalities. Follow up of renal function and growth would appear to be indicated in the risk groups presented.

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