Outbreak of triplet pregnancies

The incidence of triplet and higher order pregnancies has more than doubled since 1980 as a result of new techniques for the treatment of infertility. Because of the high incidence of prematurity, triplets are at a high risk of neonatal complications and death. The poor reproductive histories of some mothers treated for infertility has led to the suggestion that such triplets carry a poorer prognosis than those naturally occurring, possibly as the result of earlier delivery.

Since 1980, 41 sets of liveborn triplets have been admitted to the Mersey Regional Neonatal Unit, Liverpool. Twenty-eight sets were natural, and 13 the result of fertility treatments (six ovulation induction, six IVF, and one GIFT). The mean gestational age at delivery was 30.2 weeks in the natural triplets and 30.3 weeks in the others. There were five deaths in both groups; seven infants in the natural group and two in the infertility group have survived with major disabilities (cerebral palsy and/or blindness). Survival without major disability was not significantly different between the two groups (86% natural vs 82%). However, only 75% and 61% triplet pregnancies admitted, respectively, resulted in three live children without subsequent disabilities.

It remains important to counsel couples undertaking infertility treatments concerning the morbidity and mortality associated with higher order pregnancies, but such risks are probably not greater as the result of mode of conception, but, rather, relate mainly to prematurity.

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Acute blood pressure response to surfactant administration

Saliba et al reported a significant increase in cerebral blood flow velocity (CBFV) and transcutaneous carbon dioxide tension (TCPCO2) following rapid instillation of surfactant. The rise in CBFV was related to, but not solely explained by, the increase in TCPCO2. They found no alteration in one minute averages of mean arterial blood pressure (MABP). It is reasonable to expect that swings in systemic blood pressure could be caused by rapid intracranial administration of surfactant and we would like to offer an explanation as to why the current method of measuring short term blood pressure change may obscure potentially important information.

All infants in our neonatal intensive care unit have continuous physiological variables transferred from a multiparameter monitor to a bedside computer, and displayed in real time. Using this system to display second by second data during surfactant administration we often detect significant blood pressure surges which can be biphasic in character and could therefore be obscured by looking at the mean change in pressure over a selected time period. The figure shows the blood pressure trace from an infant receiving Exosurf as an infusion over five minutes. Each data point is a second value and a total of 21 minutes is displayed. The trace is analysed as three equal time periods: before, during, and after surfactant administration. If analysis were confined to mean values for each period of five minutes, the finding would be a 1 mm Hg fall in MABP during, and a rise of 4 mm Hg after, administration. These findings would not be impressive. However, detailed analysis within the time periods of administration shows a drop in MABP of 10 mm Hg below the pre-treatment baseline followed by a rise in MABP of 12 mm Hg above the baseline. An overall swing in MABP of 22 mm Hg against a background MABP of 33 mm Hg would certainly be considered important.

It is our frequent observation that administration of surfactant can provoke significant fluctuations in blood pressure which may be overlooked when examining mean changes alone.

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References

Dr Grantly Dick-Read

Grantly Dick-Read's contribution to obstetrics was not limited to the labour ward. His books shifted the emphasis in antenatal education from mothercraft to preparation for childbirth, with an emphasis on physiology and informed choice. These, together with the antenatal classes developed by his second wife, Jessica Bennett, are the basis of most antenatal preparation today.

In 1956 a group of mothers influenced by Dick-Read's work formed a charity to...
hypoxic-ischaemic encephalopathy. But there is something on every aspect of neonatal neurology from the management of rare and complex disorders of gyration, through periventricular haemorrhage, to meningitis and seizures. The hand of a master is obvious in every chapter. Extensive use of clinical photographs, flow diagrams and summary tables break up the dense text into readable chunks. The reader also gains considerably from the recent addition of references right up to proof stage (~ for example, 387b) - why don't more publishers allow this?

How does this book compare to its more expensive British competitor, *Fetal and Neonatal Neurology and Neurosurgery*, edited by Levene and Lilford? Levene's book benefits from an obstetric angle, which is a definite strength in these days of prenatal diagnosis. The British book also covers epidemiology, ethics, and a little law with more emphasis on describing investigative techniques. These are all condensed into one chapter by Volpe. The basic science is better covered in the American book which is slightly lighter on discussion of clinical management strategy but with more illustrations. Both failed my index test for several rare conditions, including 'growing skull fracture', although Volpe won hands down on benign neonatal splanchnic myositis. However, this is a trivial game and I would not want to belittle the achievement of either author. Any serious neonatal neurologist will want to own both books. I remember once being puzzled by a new formula written by David Issacs which began 'I pleaded with the editors to let me review this book...' Now I know how he felt. Go without the animal print tie or silk scarf this spring - Professor Volpe may not write a fourth edition.

**BOOK REVIEWS**


To paraphrase the fashion journalists, this is the season's 'must-have'. Fifty six pounds barely covers a subscription to one of the glossy magazines but, amazingly, it does buy the fruits of Professor Volpe's hard labour over the past seven years. To produce a high quality, readable, comprehensive synthesis of this vast pool of knowledge would be a major achievement for a dedicated group of authors. Volpe has accomplished the feat single handed. How has he done it? Open mouthed in admiration I envisaged whole teams gathering reference material from the Harvard medical school library, armies of secretaries typing on word processors fitted with lightning-fast pentium chips, graphic artists drawing by night... but the acknowledgements refer only to his secretary and his wife.

Each chapter reads like the expert review that it is, and the single authorship avoids repetition and ensures a rare uniformity of style. Particularly good were the chapters reviewing the experimental work on plasticity and myelination of the CNS, and those on brain damage.

Since its widespread introduction in the early 1980s, cerebral ultrasonography has occupied a central role in the evaluation of brain injury in preterm infants. Technological advances have brought about increasing clarity and detail in the images produced while other branches of neuroradiology have failed to match ultrasound in terms of accessibility and acceptability for the sick very low birth-weight (VLBW) infant. Naturally, such a powerful tool has led to a plethora of publications relating ultrasound findings to neurological outcome. During the counselling process, parents of a sick preterm infant often seize on the results of a scan, hoping for prognostic certainty. Despite the routine clinical use of cranial ultrasound much still needs to be done to determine the causation and consequence of damage to the preterm brain.

This concise book is based around the Central New Jersey Brain Haemorrhage Study undertaken by the authors during the mid-1980s. It aims to re-examine the nature of brain insults affecting a population of preterm babies undergoing modern neonatal intensive care, providing a historical perspective to current neuroanatomical and pathological knowledge. Crucially, it also correlates ultrasound imaging with subsequent post mortem findings of the whole brain.

These objectives are achieved in a thoughtful and lucid way with meticulous methodological detail supplied for specialists in histopathology and radiology. Chapters on geometric matrix/interventricular haemorrhage (GM/IVH) and white matter damage are presented in each case by explanations of terminology and pathogenesis.

On more than one occasion the authors unearth erudite literature long since published and discarded by subsequent generations of pathologists. Some persistent misconceptions, such as regarding parenchymal haemorrhage as an extension of intraventricular bleeding, are excised in an assiduous way.

The text is superbly illustrated by colour photographs of pathological specimens adjacent to corresponding brain ultrasound and colour Doppler images. However, the education impact is spoilt by excessive labelling of some images and overwhelming figure legends. A splendid chapter dealing with the pathogenesis of GM/IVH presents many individual anatomical and pathological pieces of evidence from over the centuries to support today's concepts. The excellent final section on prognosis gives a refreshingly concise overview of the range and incidence of neurological impairment in very LBW survivors. This is followed by a succinct review of published data relating ultrasound abnormalities to outcome.

An important weakness in the original study design is acknowledged - namely, the bias to study haemorrhage by early scanning, now recognised as of lesser importance than white matter damage. I cannot, however, concur with the authors' concluding statement that ultrasound imaging may act as a proxy for neurological disability, obviating the need for long term follow up studies. Undoubtedly this is a valuable book enabling budding neonatalogists, experienced clinicians, and a range of allied professionals, to improve their understanding of brain injury in preterm infants.


The authors have set out to fill the gap between large textbooks and review articles, aiming to provide an up to date information on the physiology of the fetus and neonate, and how this can be adversely affected. Unlike many monographs, they set out to provide a balanced view. They hope that this will be useful to investigators planning to explore the area in greater detail, and to provide those further on in their careers with state of the art information.

In this they have succeeded. They have followed the format adopted in the first volume on the cardiovascular system so that the first half of the book concentrates on the normal developmental physiology of the respiratory system in the fetus and newborn infant. I thought these review statements were excellent and I have already found them a very useful reference source.

The remainder of the book I have found less useful. It is loosely divided into a section...