abated on the 4th day in hospital and her CSF returned to normal on the 12th day. However, her haemoglobin concentration, which had been 117 g/l on the 4th day fell to 90 g/l by day 36; the haemoglobin concentration and the reticulocyte count improved gradually and returned to normal on day 73. There were no increases in serum antibody titres for measles, herpes simplex, mumps, rubella, cytomegalovirus, enterovirus 70/71, mycoplasma, toxoplasma, or chlamydia. She was discharged on the 21st hospital day without sequelae.

Unfortunately, we could not make a definitive diagnosis of B19 infection by polymerase chain reaction (PCR), hybridisation, etc, at that time, but we suppose that the acute manifestations of fever, meningitis, and anaemia are more likely to have been related to the B19 infection because B19 IgM was detected in serum, and because the mother simultaneously developed adult type B19 infection. Epidemiologically, the source of infection was thought to be the brother, considering that the incubation period for B19 infection is 17 to 18 days. However, B19 infection could cause severe complications such as a hydrops fetalis, but the outcome of primary B19 infection in newborns is still unknown.

Acute blood pressure response to surfactant administration

EDITOR.—Saliba et al reported a significant increase in cerebral blood flow velocity (CBFV) and transcutaneous carbon dioxide tension (TcPCO₂) following rapid instillation of surfactant. The rise in CBFV was related to, but not solely explained by, the increase in TcPCO₂. They found no alteration in one minute averages of mean arterial blood pressure (MABP). It is reasonable to expect that swings in systemic blood pressure could be caused by rapid intratracheal administration of surfactant and we would like to offer an explanation as to why the current method of measuring short term blood pressure change may obscure potentially important information.

All infants in our neonatal intensive care unit have continuous physiological variables transferred from a multiparameter monitor to a bedside computer, and displayed in real time. Using this system to display second by second data during surfactant administration, we often detect significant blood pressure surges which can be biphasic in character and could therefore be obscured by looking at the mean change in pressure over a selected time period.

The figure shows the blood pressure trace from an infant receiving Exosurf as an infusion over five minutes. Each data point is a second value and a total of 21 minutes is displayed. The trace is analysed as three equal time periods: before, during, and after surfactant administration. If analysis were confined to mean values for each period of five minutes, the finding would be a 1 mm Hg fall in MABP during, and a rise of 4 mm Hg after, administration. These findings would not be impressive. However, detailed analysis within the time periods of administration shows a drop in MABP of 10 mm Hg below the pre-treatment baseline followed by a rise in MABP of 12 mm Hg above the baseline. An overall swing in MABP of 22 mm Hg against a background MABP of 33 mm Hg would certainly be considered important.

It is our frequent observation that administration of surfactant can provoke significant fluctuations in blood pressure which may be overlooked when examining mean changes alone.

Dr Grantly Dick-Read

EDITOR.—Grantly Dick-Read’s contribution to obstetrics was not limited to the labour ward. His books shifted the emphasis in antenatal education from midwifery to preparation for childbirth, with its emphasis on psychology and informed choice. These, together with the antenatal classes developed by his second wife, Jessica Bennett, are the basis of most antenatal preparation today.

In 1956 a group of mothers influenced by Dick-Read’s work formed a charity to

Outcome of triplet pregnancies

EDITOR.—The incidence of triplet and higher order pregnancies has more than doubled since 1980 as a result of new techniques for the treatment of infertility. Because of the high incidence of prematurity, triplets are at a high risk of neonatal complications and death. The poor reproductive histories of some mothers treated for infertility has led to the suggestion that such triplets carry a poorer prognosis than those naturally occurring, possibly as the result of earlier delivery.

Since 1980, 41 sets of liveborn triplets have been admitted to the Mersey Regional Neonatal Unit, Liverpool. Twenty eight sets were natural, and 13 the result of fertility treatments (six ovulation induction, six IVF, and one GIFT). The mean gestational age at delivery was 30-2 weeks in the natural triplets and 30-3 weeks in the others. There were five deaths in both groups; seven infants in the natural group and two in the infertility group have survived with major disabilities (cerebral palsy and/or blindness). Survival without major disability was not significantly different between the two groups (86% natural v 82%). However, only 75% and 61% triplet pregnancies admitted, respectively, resulted in three live children without subsequent disabilities.

It remains important to counsel couples undertaking infertility treatments concerning the morbidity and mortality associated with higher order pregnancies, but such risks are probably not greater as the result of mode of conception, but, rather, relate mainly to prematurity.

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hypoxic-ischaemic encephalopathy. But there is something on every aspect of neonatal neurology from the management of rare and complex disorders of gyration, through periventricular haemorrhage, to meningitis and seizures. The hand of a master is obvious in every chapter. Electronic use of clinical photographs, flow diagrams and summary tables break up the dense text into readable chunks. The reader also gains considerably from the recent addition of references right up to proof stage (e.g., for 1987b) — why don’t more publishers allow this?

How does this book compare to its more expensive British competitor, *Petal and Facial Neonatal Neurology* by Drs Levene and Lilford? Levene’s book benefits from an obstetric angle, which is a definite strength in these days of prenatal diagnosis. The British book also covers epidemiology, ethics, and a little law with more emphasis on describing investigative techniques. These are all condensed into one chapter by Volpe. The basic science is better covered in the American book which is slightly lighter on discussion of clinical management strategy but with more illustrations. Both failed my index test for several rare conditions, including ‘growing skull fracture’, although Volpe won hands down on benign neonatal sleight mycosis. However, this is a trivial game and I would not want to belittle the achievement of either author. Any serious neonatal neurologist will want to own both books. I remember once being puzzled by a reference written by David Issacs which began ‘I pleaded with the editors to let me review this book...’ Now I know how he felt. Go without the animal print tie or silk scarf this spring — Professor Volpe may not write a fourth edition.

Since its widespread introduction in the early 1980s, cerebral ultrasonography has occupied a central role in the evaluation of brain injury in preterm infants. Technological advances have brought about increasing clarity and detail in the images produced while other branches of neuroradiology have failed to keep ultrasound in terms of accessibility and acceptability for the sick very low birthweight (VLBW) infant. Naturally, such a powerful tool has led to a plethora of publications relating ultrasound findings to neurological outcome. During the counselling process, parents of a sick preterm infant often seize on the results of a scan, hoping for prognostic certainty. Despite the routine clinical use of cranial ultrasound much work still needs to be done to determine the causation and consequence of damage to the preterm brain.

This concise book is billed around the Central New Jersey Brain Haemorrhage Study undertaken by the authors during the mid-1980s. It aims to re-examine the nature of brain insults affecting a population of preterm babies undergoing modern neonatal intensive care, providing a historical perspective to current neuroanatomical and pathological knowledge. Crucially, it also correlates ultrasound imaging with subsequent post mortem findings of the whole brain.

These objectives are achieved in a thoughtful and lucid way with meticulous methodological detail supplied for specialists in histopathology and radiology. Chapters on germinal matrix/intraventricular haemorrhage (GMVH) and white matter damage are presented in each case by explanations of terminology and pathogenesis.

More than once the authors unearth a pertinent literature long since published and discarded by subsequent generations of pathologists. Some persistent misconceptions, such as regarding parenchymal haemorrhage as an extension of intraventricular bleeding, are excised in an assured but lucid manner.

The text is superbly illustrated by colour photographs of pathological specimens adjacent to corresponding brain ultrasound and Doppler images. However, the educational impact is spoiled by excessive labeling of some images and overlong figure legends. A splendid chapter dealing with the pathogenesis of GMVH presents many individual anatomical and pathological pieces of evidence from over the centuries to substantiate today’s concepts. The excellent final section on prognosis gives a refreshing concisely overview of the range and incidence of neurological damage in VLBW survivors. This is followed by a succinct review of published data relating ultrasound abnormalities to outcome.

An important weakness in the original study design is acknowledged – namely, the bias to study haemorrhage by early scanning, now recognised as of lesser importance than white matter damage. I cannot, however, concur with the authors’ concluding statement that ultrasound imaging may act as a proxy for neurological disability, obviating the need for long term follow up studies. Undoubtedly this is a valuable book enabling budding neonatologists, experienced clinicians and a range of allied professionals to improve their understanding of brain injury in preterm infants.

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**BOOK REVIEWS**


To paraphrase the fashion journalists, this is the season’s ‘must-have’. Fifty six pounds barely covers a subscription to one of the glossy magazines but, amazingly, it does buy the fruits of Professor Volpe’s hard labour over the past seven years. To produce a high quality, readable, comprehensive synthesis of this vast pool of knowledge would be a major achievement for a dedicated group of authors. Volpe has accomplished the feat single handed. How has he done it? Open mouthed in admiration I envisaged whole teams gathering reference material from the Harvard medical school library, armies of secretaries typing on word processors fitted with lightning-fast pentium chips, graphic artists drawing by night...but the acknowledgements refer only to his secretary and his wife.

Each chapter reads like the expert review that it is, and the single authorship avoids repetition and ensures a rare uniformity of style. Particularly good were the chapters reviewing the experimental work on plasticity and myelination of the CNS, and those on