LETTERS TO THE EDITOR

Individualised pulse oximetry limits in neonatal intensive care

EDITOR,—Gupta et al have successfully demonstrated that they were unable to accurately predict PaO2 from saturation monitoring even after standardising from a previous measurement. The rest of the conclusions presented in their discussion are however based upon interpretation of other research findings which is not further supported by their own study.

They correctly point out that the poor relation between SpO2 and PaO2 is related to differing proportions of fetal haemoglobin, PCO2, and acid-base balance. This begs a question, which their discussion fails to address, on whether the PaO2 or the SpO2 is the most useful index of oxygenation. It is certainly the case that normal in utero PO2 is within a range which they would describe as “hypoxic”. On the other hand, in the presence of 100% fetal haemoglobin, a saturate monitor should, in these circumstances, correctly indicate adequate saturation.

The authors also remark that transcutaneous oxygen monitoring is “a better way of non-invasively assessing PaO2”. They provide no evidence for this remark. It is certainly a common experience to find a saturation monitor alarming high when a transcutaneous monitor is non-invasive, i.e., continuous, and has a rapid response time, it useful for monitoring trends and particularly in detecting episodes of sudden deoxygenation.

Monitoring of PaO2 is possible using transcutaneous monitoring and this is a better way of continuously monitoring PaO2 than trying to extrapolate from the SpO2 signal. The ease with which pulse oximetry can be applied has led to the virtual abandonment of transcutaneous monitoring by neonatal units. There are technical difficulties with transcutaneous monitoring as pointed out by Dr Clifford, but these can be overcome if the staff caring for the babies are familiar with the technique and use it on a routine basis. The anecdotal experience of those units that continue to use transcutaneous monitoring as part of their clinical routine is that it remains an extremely useful technique.

The purpose of maintaining adequate arterial oxygenation is to provide oxygen to meet the metabolic demands of the baby, prevent pulmonary hypertension, and avoid oxygen toxicity. We do not have a satisfactory method of defining what constitutes adequate oxygenation during intensive care at present and it is necessary to take into account other variables, such as haemoglobin concentration or tissue perfusion, which all determine oxygen delivery when we assess our patients.

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Dr Yoxall and Dr Shaw respond:

Dr Clifford has raised the important question of whether PaO2 or SpO2 is the best index of arterial oxygenation. The answer to this question is, of course, unknown and the aim of our study was not to attempt to provide an answer. Most of the work defining hypoxia and harmful hyperoxia in neonates was performed in the era prior to pulse oximetry and therefore defines these situations in terms of partial pressure rather than oxyhaemoglobin saturation. The guidelines for good practice in the management of neonatal respiratory distress syndrome published by BAPM and RCP state that arterial blood sampling is the “gold standard” for assessing arterial oxygenation. In the absence of evidence to the contrary, we would agree with this.

Pulse oximetry is widely used during neonatal intensive care. Our study has shown that it is not possible to accurately predict PaO2 from SpO2 even after standardising from a previous measurement. The information provided by measurements of PaO2 and SpO2 is different and should not be interpreted as interchangeable. As SpO2 monitoring is non-invasive, instantaneous, and has a rapid response time, it is useful for monitoring trends and particularly in detecting episodes of sudden deoxygenation.

Monitoring of PaO2 is possible using transcutaneous monitoring and this is a better way of continuously monitoring PaO2 than trying to extrapolate from the SpO2 signal. The ease with which pulse oximetry can be applied has led to the virtual abandonment of transcutaneous monitoring by neonatal units. There are technical difficulties with transcutaneous monitoring as pointed out by Dr Clifford, but these can be overcome if the staff caring for the babies are familiar with the technique and use it on a routine basis. The anecdotal experiences of those units that continue to use transcutaneous monitoring as part of their clinical routine is that it remains an extremely useful technique.

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Apnoea following immunisation in premature infants

EDITOR,—Slack and Schapira are correct in drawing attention to a problem that is recognised and documented but not fully addressed or understood. Their suggestion that further studies are required to determine the optimum timing of immunisation for extremely preterm infants is sound (even though the adequate immunological response of these babies to vaccinations is well documented).

However they state that the presumed cause of the apnoea is the pertussis component of the diphtheria/tetanus/whole cell pertussis vaccine or its endotoxin content that is responsible for these reactions. That is why we described it as “the presumed cause”.

It is possible that any of the vaccine components or adjuvants are responsible. It may simply be a response to pain, although this seems unlikely. However, given the evidence of reduced local and systemic reactions with acellular pertussis vaccines in term infants compared with the UK whole cell vaccine, it seems plausible that the pertussis component may be involved.

He is partially correct in stating that the way to answer this would be to conduct a three way randomised trial between placebo, acellular (DTaP), and whole cell pertussis (DTP) vaccines. In fact, it would require multiple randomisations between Hib, DT, DTaP, one, two, three, and five component DTaP vaccines, and placebo. Even if the use of a placebo was ethically acceptable, which we believe would not be the case, the low incidence of these events would make the number of infants required for such a study impossibly large.

We are, however, conducting a multicentre study to determine the incidence of apnoea following immunisation using a three component acellular vaccine.

Finally, we do not accept that we have joined the ranks of those who have shaken confidence in the vaccination programme.

The question is not whether preterm infants should be immunised against pertussis but when and with what vaccine.


Randomised controlled trial of cisapride in preterm infants

EDITOR—I read with great interest the study by McClure et al reporting delayed gastric emptying and a non-significant increase in whole gut transit time in premature infants treated with cisapride.1 In contrast, placebo controlled studies evaluating cisapride in paediatric patients have almost consistently reported improvement in symptoms of gastrooesophageal reflux disease or improvement in oesophageal pH results and/or manometry.2-3 As acknowledged by the authors, other studies in premature infants have reported a reduction in gastric residue and improved feed tolerance. In addition, we have reported a reduction in gastro-oesophageal reflux in premature infants.4

In this latest trial the authors chose hydroxypropylmethyl cellulose as a placebo, given at the “same volume” as cisapride; however, the actual quantity administered is not clear. Cellulose derivatives are commonly employed as laxatives, where it is proposed that they act by absorbing water, so softening the faeces and increasing stool volume. This in turn stimulates faecal propulsion.5 Clearly, depending on the dose of hydroxypropylmethyl cellulose used, the choice of this compound as a placebo is nonsensical as there could be a marked impact on gastrointestinal transit time. From the publication it is also not clear why almost normal intraluminal motility was measured after three days dosing; it is likely that any cathartic effect from a laxative would be less marked after more prolonged treatment times.

The manufacturer had recommended against the use of cisapride in premature infants because of concern that the metabolic pathway of cisapride may not be fully developed. However, in most European countries and the United States, cisapride is commonly used in premature (gestational age > 34 weeks) infants, and, despite this widespread use, the incidence of clinically important cardiovascular effects is very low. Such events are often associated with high doses (> 0.8 mg/kg/day) or concomitant administration of drugs known to inhibit cytochrome P450 that, like cisapride, are known to prolong the QT interval.

In my opinion, in view of the clinical experience with cisapride in severe gastrooesophageal reflux disease and feed intolerance in premature infants, and the few clinically relevant cardiovascular events, treatment with cisapride with appropriate monitoring (electrocardiogram before and after two or three days of treatment) should not be withheld from these infants if clinically indicated.

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Dr McClure responds:

I agree, and indeed stated in our own paper1 that cisapride has been shown in children to improve symptoms of gastrooesophageal reflux disease and to hasten both gastric emptying and gastrointestinal transit time. We believe that it is dangerous to assume that the immature gut of the preterm infant will react in the same manner. We further believe that our study has the strongest methodology of any published that has clearly examined gastric emptying and gastrointestinal transit time.

We do not believe that the choice of hydroxypropylmethyl cellulose as a placebo inadvertently affected our study. The formulation of cisapride suspension used in our study contained hydroxypropylmethyl cellulose. This was why our agent was chosen as placebo. The strength of cisapride was 1 mg/ml, and therefore infants typically received 0.2–0.3 ml per dose when receiving placebo. Cellulose derivatives act as laxatives by increasing faecal bulk. We do not believe that an aqueous solution of this volume to have anywhere near sufficient to cause this effect. Lastly, the significant finding of our study was the delayed gastric emptying time during cisapride treatment, not whole gastrointestinal transit time.

The pharmacokinetics of cisapride in the preterm infant are unclear. A period of three days dosing before measurement of gastrointestinal motility was considered necessary to allow both time for acquisition of a steady serum cisapride level and adequate elimination of any previous cisapride treatment.


Mechanism of blood pressure increase induced by dopamine in hypertensive preterm neonates

EDITOR.—The paper of Zhang et al1 on the effects of dopamine relies on the assumption that left ventricular output (LVO) is a measure of systemic blood flow (SBF). This is not true in the presence of any shunt through the ductus arteriosus where LVO becomes the sum of SBF and volume of blood shunting back into the lungs through the ductus, and so overestimates SBF. While Zhang et al define the ductus in their study babies as insignificant, we would question the validity of the criteria used to make this definition. We have never seen shunting only in diastole, chamber enlargement is an inconsistent sign of ductal shunting that develops after day one,2 and shunt velocity has little relation to shunt size during week one.3 In fact, the left to right velocity often increases as the duct constricts and the shunt diminishes in size.4 Bidirectional shunting is also usually predominantly left to right. There is much in the data presented by Zhang et al to suggest that these ducts were highly significant. Firstly, they selected a population at high risk for a significant duct,5


and secondly they measured a mean diameter of 2.9 mm. We showed that this measure is the most accurate predictor of early haemodynamic significance and that preterm ducts over 2 mm in diameter, with very few exceptions, have a haemodynamic impact.1 In this haemodynamic milieu, LVO is actually a measure of pulmonary blood flow, and right ventricular output becomes the better measure of SBF,2 but even this can be confounded by the common finding of left to right arteriovenous shunting.1 Thus that haemodynamic impact is often present from the very early postnatal period is emphasised in fig 1 which is of a 5 hour old infant of 26 weeks gestation, in whom we measured an LVO of 350 ml/min per kg but a right ventricular output (RVO) of 90 ml/min per kg. This baby had an unrestricted duct (2.6 mm) with a low velocity (0.7 m/s) but high volume left to right shunt. In other words LVO was overestimating SBF by a factor of over 300%. This is not an unusual finding.3

This means that the changes in LVO in response to dopamine documented by Zhang et al are likely to be in response to Dopamine-induced changes in the cardiovascular circulation but, equally, could have occurred in the pulmonary circulation. The same uncertainty applies to changes in calculated vascular resistance. In other words, LVO may have increased or decreased solely because dopamine has changed the volume of the ductal shunt back into the lungs.

Early preterm ductal shunting should not be assumed to be inconsequential, and interpretation of early postnatal measures of either right or left ventricular output in preterm infants should be approached with caution.

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A possibility deserving of consideration is that dopamine changed the degree of ductal shunting and that this comprised one component of the alteration in left ventricular output. We are not aware of any published data in newborn infants that support direct relaxation or constriction of the ductus by dopamine or of a differential effect of dopamine on the systemic and pulmonary vascular beds. Indeed, in studies performed on newborn lambs, we observed that, at infusion rates of up to 15 µg/min per kg, the systemic and pulmonary vascular effects of dopamine were proportionately similar in magnitude (J J Smolich, H Park, and D J Penny, unpublished observations). In our view therefore it was reasonable to assume that, while ductal shunting was present in our babies, the degree was not altered to a substantial extent by dopamine. However, the notion that inotropic treatment could alter ductal shunting in preterm infants has potentially important clinical ramifications and so is worth investigating.

Finally, although we agree that the illustrative example of the degree of dissociation which may occur between the level of left and right ventricular outputs is striking, examination of group data from the same laboratory suggests that, on average, left ventricular output was only 7–15% higher than right ventricular output in ventilated preterm infants.6 Moreover, while we did not include the data in our paper, the pulmonary trunk velocity-time integral was not significantly different from the ascending aortic velocity-time integral (p 0.9), suggesting that the marked degree of dissociation between ventricular outputs evident in the illustrative example was not a feature of the babies in our study.

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Retained umbilical artery catheter presenting as an umbilical abscess

EDITOR.—We report the delayed recognition of an umbilical artery catheter in an 18 month infant who presented with recurrent umbilical discharge.

A male infant was delivered by caesarean section which was complicated by a hypoglycaemic fit. Resuscitation included the attempted intubation of an umbilical venous catheter. The line was found to be arterial and thus removed. A second attempt also entered the umbilical artery, and, as the infant was now stable, no further attempt was made.

At 15 months, the infant presented with an umbilical abscess. This was investigated by drainage to exclude a urachal remnant. An ultrasound and abdominal radiograph showed a foreign body within the common iliac artery, and, using an infraumbilical approach, part of an umbilical catheter was removed. The remnant was 10 cm in length.

During the neonatal period, the umbilicus is a useful route of vascular access. The umbilical artery can be used for blood pressure and gas tension measurement but all catheters should be removed early to avoid central infection. Other complications such as thrombosis and necrotising enterocolitis have been reported. Migration of umbilical vein catheters into the left atrium and pulmonary veins may occur. Retrieval of fractured umbilical catheters during the neonatal period has been reported.

In this case, the retained catheter was not recognised until the infant presented late with recurrent umbilical infections and illustrates a need for our list of differential diagnoses. The history also re-emphasises that it is essential to check central lines for completeness on removal.

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Table 1 Results of survey of premedication practice for tracheal intubation in term and preterm neonates in Australia and the United Kingdom

<table>
<thead>
<tr>
<th>United Kingdom</th>
<th>Preterm</th>
<th>Term</th>
</tr>
</thead>
<tbody>
<tr>
<td>Routine premedication (%)</td>
<td>22 (42)</td>
<td>18 (34)</td>
</tr>
<tr>
<td>Opine</td>
<td>13</td>
<td>12</td>
</tr>
<tr>
<td>BDZ</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Opiate + BDZ</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Opiate + muscle relaxant ± atropine</td>
<td>6</td>
<td>11</td>
</tr>
<tr>
<td>BDZ + muscle relaxant ± atropine</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

BDZ, benzodiazepine

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Neonatal pain relief

EDITOR.—The study of Jain and Rutter indicates that, after an hour of application, topical amethocaine gel exerts a demonstrable anaesthetic effect 54.8% of the time, indicating low potential for practical use. In the authors’ own words “a successful . . . anaesthetic should be quick acting, effective and safe . . .”. It is therefore disappointing to note that in the discussion no mention was made of oral sucrose as an analgesic agent for use in neonates undergoing painful procedures.

This is despite a large body of evidence suggesting that it reduces the indicators of pain from various sources. Unfortunately there is a widespread reluctance of clinicians to use oral sucrose before performing painful procedures on neonates. We showed this in a recent study.1

Questionnaires were sent to the medical directors of the 18 neonatal units in New Zealand in order to determine the knowledge, attitudes, and practice with regard to commonly performed painful neonatal procedures such as blood taking or line placement. In the 15 replies, there was a high degree of awareness that the procedures caused pain (100%), that the physiological stress of pain was more hazardous than the risks of analgesia (97%), and that oral sucrose was a safe and effective analgesic (87%) and yet only five units (33%) ever used any type of analgesia for these procedures and usually for less than 10% of the time. Only one unit (our own) used oral sucrose routinely. We find it to


Perinatal cortical infarction with no obvious cause

EDITOR.—The study by Govaert et al of ultrasonography in newborn infants with perinatal cortical infarctions did not find a cause in 25% of cases. They also confirmed an association between stroke and pulmonary hypertension requiring assisted ventilation.

We have previously published observations on artificially ventilated newborn piglets with pneumothorax and pulmonary hypertension, showing cerebral arterial air microembolisations.1 In the case of artificial ventilation, which is often accompanied by pulmonary air leak syndrome (pulmonary interstitial emphysema, pneumomediatinum, pneumothorax), air can easily reach the cerebral vasculature, especially when there is persistent pulmonary hypertension and right to left intracardiac shunts.

In the light of our observations, as air microemboli could not be detected by ultrasound, I suspect that the perinatal cortical infarction may have been due to cerebral arterial air embolisation in some patients in the study by Govaert et al.
be highly effective, simple to use, and rapid in action. It is also exceedingly cheap.

We do not know why oral sucrose has failed to find much favour in neonatal units. Clearly neither lack of understanding of neonatal pain perception nor lack of knowledge about the analgesic properties of sucrose are significant factors. Perhaps there is an unrecognised prejudice against anything that is low tech, cheap, and not promoted by pharmaceutical companies.

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BOOK REVIEWS


After fifty years, my only real memory of the paediatrics teaching of Professor A V Neale in Bristol is the benefit to children of sunlight and the aphorism “Preconceptual and Prenatal care is crippled by a large proportion of the disadvantaged population who further disadvantage themselves by their own actions”. Regrettably this text from the USA shows us that little has changed. Over these decades the rate of prematurity, intrauterine growth retardation (IUGR) and perinatal mortality has changed very little in spite of all our collective clinical efforts.

The male partner is hardly mentioned in this book so it seems that, to American eyes, the sole responsibility for producing healthy or unhealthy babies lies with the mother. All of us now know that many varied vaginal infections are associated with premature/pre-labour rupture of the membranes and prenatality itself and that antibiotic treatment may have a reducing effect on these problems. Yet with a close reading of the chapter on vaginal infections, which is very well referenced, there appear to be no papers indicating that with all these infections possibly being sexually transmitted, no trials have included investigation and treatment of the male partner. For example, although Bacterial Vaginosis, Candida and Haemolytic Streptococcus are not usually recognised as sexually transmitted diseases (STD), all gynaecologists have witnessed cases where they have been the cause of recurrent vaginal infections.

Many chapters emphasise the adverse effects of alcohol, smoking, recreation drugs and poverty on the unborn fetus. I have always had a healthily sceptical interest in Jongbloet’s theory that alcohol consumption just before and at the time of conception may be responsible for a large number of chromosomal aberrations but this attractive theory is nowhere to be found in the book.

Meanwhile we are beset by new threats. A recent study, not mentioned in this book, shows ecstasy exposure being implicated in some congenital anomalies.

This is a well researched book with excellent references. Throughout, areas of research yet to be carried out are mentioned. For that reason alone it could serve as a good “ideas” source book for junior paediatricians and obstetricians to involve themselves in research projects which may one day help to reduce the continuing high incidence of potentially-damaged babies.

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Many will have experienced a feeling of being daunted when beginning a neonatal post as a doctor in training or as a neonatal nurse. The smaller the infant with which to be faced, the greater the concern over the ability to manage the infant appropriately. Levitt, Harvey and Cooke’s Practical Perinatal Care—The Baby Under 1000 Grams goes a long way to provide a very readable but authoritative book which will help prepare those in neonatal medical or nurse training to manage these infants. The book has a wide range of chapters from the practical aspects of how to put in an arterial line, perform a suprapubic aspiration of the bladder or drain a pneumothorax, to ventilation strategies, and ethical issues of the management of extremely low birth weight infants. The authors have rightly concentrated on the subgroup of neonatal patients who are less than 1000g at birth as these are undoubtedly the most challenging group, where there is the greatest mortality and morbidity, and where there is the possibility to improve the outcome with good care. Each chapter is relatively short but provides clear information from an evidence based perspective where available and is very well referenced.

There is an informative chapter on iatrogenic disease which reminds the reader as to the damage which may result from the procedures and treatment given, especially if care is not taken. All chapters conclude with a highlighted box of Practical Points and there are useful diagrams and a series of black and white photographs to aid the text, although occasionally these are too small to be of real value such as in the procedures chapter. Any senior house officer, specialist registrar, or neonatal nurse starting a neonatal post would be well advised to read this useful book which will sit nicely between the several general neonatal texts that are available and the more definitive works which will remain the mainstay of neonatal reference.

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